

“ ‘CURE YOURSELF’ ”  
‘Cure, advancing for you



Your Neighbourhood  
**Aveda Spa & Laser Clinic**

‘CURE yourself from.....

- unwanted ACNE
- antibiotics
- painful procedures
- recovery time

....with AFT ACNE Treatments

Laser Clinic • Salon • Aesthetics • R.M.T • Health & Wellness

ACNE TREATMENTS

Acne is one of the most common and stubborn skin problems. Regardless of skin type or lifestyle, approximately 80% of the population will suffer from acne at some point in their lives. Acne is common in both teens and adults.

Many people find current treatment options ineffective and others develop problematic side effects. Additionally, the cost and duration of acne treatment with topical medications and oral antibiotics make standard therapy far from ideal.

#### ACNE SOLUTIONS

Now, you can clear mild to moderate inflammatory acne without side effects, discomfort, photosensitivity or downtime. Acne Clearing treatments utilize a high intensity enhance light source to permeate the tissue to destroy acne bacteria quickly and easily – with no side effects, no downtime, no pain, and without the exposure to antibiotics. Typically, just ten treatments over a four week period will greatly improve the appearance of skin.

AFT (Blue Light) Advanced Florescent Technology is great for teens and adults and can help heal and clear your face of acne.

‘CURE  
SALON SPA & LASER CLINIC

AVEDA™  
the art and science of pure flower and plant essences™

## About Acne

Acne can affect us at almost any age, typically it begins during adolescence, when hormonal changes cause the enlargement and obstruction of sebaceous glands in the skin. Consequently, many people experience an abnormal proliferation of bacteria, predominantly propionibacterium acnes (P.acnes). This typically causes painful, inflamed lesions that can appear on the face, chest, back, limbs and virtually any other part of the body.

While most individuals will eventually outgrow their acne, some will remain susceptible to it throughout their lives. Even for those who no longer generate new symptoms, permanent scarring frequently results.

## How does AFT ACNE Treatments destroy acne?

Therapeutic Blue Light uses the innovative Advanced Florescent Technology (AFT technology) to precisely target and destroy surface and ductal propionibacterium acnes (p.acnes) quickly and easily. Its intense 420nm wavelength light penetrates deeply enough into the tissue to reach the target p.acnes and trigger the proliferation of endogenic porphyrins to attack and eliminate the p.acnes bacteria.

## What is the treatment like?

The procedure is noninvasive and pain free, with full-face treatments taking only 25 minutes. Patients simply lie on a comfortable bed while the light is applied to the affected area; they can even listen to music while being treated. Once the treatment session is over, patients can return to their daily routine. This means no downtime or inconvenience, especially important factors for active teens and young adults.

## What kind of results can I expect?

Bluelight effectively clears most inflammatory acne in a few visits. There are virtually no side effects, no down time and no exposure to antibiotics using the AFT technology.